

# THE PINS

GASTRO PUB

## CONTINENTAL BREAKFAST

HELP YOURSELF TO OUR BUFFET SELECTION  
WITH TEA OR FILTER COFFEE FOR €12.50 PER PERSON

## BREAKFAST

PLEASE ALLOW A LITTLE EXTRA TIME FOR THE BREAKFAST TO BE COOKED TO ORDER

### THE IRISH BREAKFAST\* €15

two fried Galway free range eggs, cured bacon, artisan black & white pudding, Portobello mushrooms, baby potatoes, baked beans, grilled tomato, sausage (1,3,7)

### MINI FRY\* €11

fried Galway free range egg, cured bacon, artisan black pudding, baked beans, sausage (1, 3, 7)

### EGGS BENEDICT\* €13

poached Galway free range eggs, smoked streaky bacon, hollandaise on toasted sourdough (1, 3, 7, 12)

### SMOKED SALMON AND AVOCADO\* €15

poached free range Galway eggs, capers, red onion, hollandaise on toasted sourdough (1, 3, 4, 7, 12)

### SMASHED AVOCADO & EGGS\* €13.5

free range poached Galway eggs, feta, pomegranate & radish (1,3,7,12)

### FRENCH TOAST\* €12

brioche bread, smoked streaky bacon & maple syrup (1,3,7)

### STACK OF BUTTERMILK PANCAKES €12

berry compote, fresh cream & maple syrup (1,3,7)

### VEGAN/VEGETARIAN DELIGHT\* €12

baked beans, smoked tofu, Portobello mushrooms, grilled tomato, vegan sausage  
add your choice of free range Galway eggs (1a,6,12)

### THE TWELVE 3 EGG OMLETTE\* €13

made with free range Galway eggs, honey roasted ham, smoked Gubeen cheese & spinach (3,6,7,10,12)

### ORGANIC BERRY PORRIDGE\* €6

berry compote & our own house made granola (1, 7)

## KIDS SELECTION

### STACK OF BUTTERMILK PANCAKES €9

served with Nutella (1, 3, 7,8)

### THE TWELVE MINI OMLETTE\* €10.5

honey roasted ham, spinach & cheddar cheese (3,7)

### SCRAMBLED EGGS\* €6

scrambled free range Galway eggs (3,7)

### TEA €3.25

### HERBAL TEA €4

### ESPRESSO €3

### DBL ESPRESSO €3.5

### AMERICANO €3.5

### FLAT WHITE €4.00

### LATTE €4

### CAPPUCCINO €4

### MOCHA €4.25

### HOT CHOCOLATE €4.5

+ CREAM & MARSHMALLOW €5.95

### MACCHIATO €3.50

Allergen Index: 1. Cereals Containing Gluten, 1a. Wheat 1b Oats 1c Barley 1d Rye, 2. Crustaceans, 3. Egg, 4. Fish, 5. Peanuts, 6. Soybean, 7. Milk, 8. Nuts, 9. Celery, 10. Mustard, 11. Sesame Seeds, 12. Sulphur Dioxide/sulphites, 13. Lupin, 14. Molluscs, Although all due care is taken during meal preparation, Cross contamination risks are possible.

Items marked with \* are or can be Gluten Free, please advise your server. .