

# The Pins Gastro Bar

Welcome to  
The Pins Gastro Bar  
Casual Irish Cuisine with a Local Soul

## TABLE SNACKS

**Olives €5.30**

**Hummus €6.30**  
with Puff Dozzina Bread **(1a,13)**

**Spicy Wedges €7.90**  
with Sweet Chilli Sauce and Blue Cheese Dip **(1a,7,12)**

## Special Dietary Requests

If you have a specific dietary requirement,  
please advise your server.

Non Alcoholic Wines,  
Gluten Free Beers & Gluten Free Chips  
are available!

**Allergen Index: 1. Cereals Containing Gluten, 1a. Wheat  
1b Oats 1c Barley 1d Rye, 2. Crustaceans, 3. Egg,  
4. Fish, 5. Peanuts, 6. Soybean, 7. Milk, 8. Nuts,  
9. Celery, 10. Mustard, 11. Sesame Seeds,  
12. Sulphur Dioxide/sulphites,  
13. Lupin, 14. Molluscs,**

**Although all due care is taken during meal preparation,  
Cross contamination risks are possible.**

**Dishes with an \* signifies dishes that are/can be made Gluten Free.**

**We are proud to support  
the following suppliers and products:**

Moycullen and Gannet Fishmongers,  
Local Galway Mad Yolk Eggs,  
Meats are Irish and supplied  
by James McGeough of Oughterard,  
Prime Irish Hereford Beef Society,  
Beechlawn Organics

### Mussels

Our mussels are the Blue Mussel (*Mytilus edulis*)  
native to Irish waters and the main species  
cultivated by the Irish aquaculture industry.  
This mussel thrives in the cold temperature  
waters off the Irish coast.

**All Tips Go Directly To Staff Members**

## STARTERS

### **Bucket of Chicken Wings \* €12.00**

Maple & BBQ Glaze or Mike's Hot Sauce (9,10,11,12,13)

### **Warm Prawn Gnocchi €14.90**

Prawns Tossed in a Spicy Sriracha Chilli Butter,  
Garlic Gnocchi, Cherry Tomato, Kale (1a,2,3,7,12,13)

### **Warm Goats Cheese & Almond Balls €12.90**

Pear Salsa, Hot Honey & Bacon Crumble (5,7,8,12)

### **West Coast Seafood Chowder €10.20**

Salmon, Prawns, Cod, Mussels,  
Smoked Haddock,  
Bakery Brown Bread (2,4,7,9,12,13,14)

### **Soup of the Moment \* €7.30**

With Twelve Bakery Brown Bread (1a,7,12)

## SHAREABLES

### **Pizza Dozzina Garlic Bread €12.70**

with Mozzarella (1a,7,12,13)

### **Perfect Cheeseboard €23.30**

Cashel Blue, Gubbeen, Goats Cheese,  
Dozzina Dough Balls (1a,7,8,12)

### **Meat & Cheese Platter €32.90**

Kalamata Mixed Olives & Pickled Pear  
Dozzina Dough Balls (1a,7,8,12)

## GREENS

### **Beetroot & Feta Salad\* €12.50**

Baby Gem, Sea Salted Baked Beetroot,  
Aran Feta, Mandarine Orange,  
Mixed Seeds, Honey Mustard (7,10,11,12)  
**ADD** Garlic Prawns 8.00 (2)

### **Cajun Chicken & Avocado Caesar Salad €14.90**

Baby Gem Lettuce, Cherry  
Tomatoes, Crispy Bacon, Parmesan,  
Croutons, Creamy Dressing (1a,3,4,7,10,12)

### **Roast Stone Fruit Panzella Salad\* €12.50**

Hearty Croutons, Buffalo Mozzarella, Heirloom Tomato  
& Raspberry Vinaigrette (1a,7, 10,12)

# The Pins Gastro Bar

## PLATES

**Mussels - Moules Barna\* €21.50**

Creamy white wine Sauce (7,12,14)

**Mussels Moules Diablo\* €21.50**

Mike's Hot Sauce, Whiskey, Cream (12,14)

**We steam them and serve in your choice of sauce  
with Fries and Aoili Dip**

**Rigatoni all'Arrabbiata, €16.90**

Pomodoro Tomato Sauce, Cherry Tomato, Red Chilli

add Parmesan (1a)(V)

**Add Chicken 3 euro**

**Seaweed Battered Fish & Chips \* €21.50**

Gluten Free Fish, Chips and Mushy Peas (4,7,10,12)

Beer - The Twelve - Underdog

**Wild Mushroom & Garden Pea Risotto (v) €19.90 (7)**

**Pan-fried Wild Cod\* €26.90**

Delicate wild Cod pan-fried until Golden Brown,

Accompanied by Crispy Buttered Baby Potatoes,

Savoury Samphire, Juicy Cherry Tomatoes, Tender Green Beans

And a Zesty Romesco Sauce (4,8,12)

**Moroccan Spiced Rump of Lamb\* €25.90**

Broccolini, Crispy Baby Potato, Pepernata,

Romesco, Port Vinaigrette (8,12)

**Oven Roasted Irish Chicken Supreme €22.90**

Creamy Mash, Green Beans,

Broccolini Green, Parsnip Crisp & Peppercorn Sauce (6,7,12)

**West Dry Aged Hereford 8oz**

**Prime Striploin Steak €33.00 (7,12)**

**Or**

**Irish Black Angus Ribeye Steak €33.00 (supplement €10)**

Shallots, Bacon Lardon, Mushrooms, Home-made Onion Rings

With Pepper Sauce OR Roasted Garlic Butter (7,12)

**“SURF 'N TURF IT” with KING PRAWNS**

**- Picatta Style add 8.00 (2,7,12)**

## OUR BURGERS

**8oz Hereford Dry Aged Burger €19.50**

Topped with Streaky Rashers, Smoked Applewood Cheese,

Onion & Gherkin Relish, Roast Garlic Mayo

On Toasted Sourdough Bun - With Fries (1a,3,4,7,11,12)

**Dressed Chicken Burger €19.50**

Cajun Chicken Breast, Jalapeño Peppers, Tomato, Onions, Cheese,

Chiptole Mayo, on a Sourdough Bun with Fries (1a,3,7,10,11,12)

**Creamed Potato (7), Seasonal Vegetables (7), Parmesan Fries (7) 4.50**

# The Pins Gastro Bar



With stone from Vesuvius'  
our pizza oven affectionately known as  
Pizza Dozzina  
is proud to bring a little pizza Napoli to our doorstep

## STONE OVEN CLASSICS

### BARNARITA (v) €14.80

Tomato, buffalo mozzarella and  
freshly torn basil **(1a,1c,1d,6,7,10)**

### QUATTRO FORMAGGI (v) €17.50

Cream sauce, goats cheese, buffalo mozzarella  
Cashel blue and parmesan **(1a,1c,1d,6,7,10)**

### PEPPERONI €17.50

Tomato, mozzarello & Pepperoni **(1a,1c,1d,6,7,10,12)**

### TORINO €17.50

Tomato, mozzarella, chorizio,  
smoked pancetta onion, chilli, oregano  
**(1a,1c,1d,6,7,10,12)**

### VESUVIO €17.50

Tomato, mozzarella, ham & mushroom  
**(1a,1c,1d,6,7,10)**

### CHICKEN €17.50

Roast chicken, red onion, sundried tomatoes,  
basil mayo & rocket  
**(1a,1c,1d,6,7,10)**

**Add Extra Topping €1.50**

# The Pins Gastro Bar

## DESSERTS

€9.40

### FROM THE TWELVE BAKERY SHOP

Celebration Cakes is our Speciality

Pop in and Check them out

#### Banana Wafer

Local honey, caramelised banana, semifreddo,  
puff pastry sandwich dilisk fudge **(1a,3,6,7,12)**

#### Bakery Bread and Butter Pudding

Topped with butterscotch whipped cream **(1a,3,7,12)**

#### Chocolate

Warm brownie, cherry honeycomb,  
vanilla cream **(1a,3,6,7,8,12)**

#### Panna Cotta

Raspberry, rose & lychee pannacatta,  
meringue, raspberry sorbet tuile **(3,6,7,12)**

#### Apple Crumble Tart

Creme anglaise, cinnamon whipped cream **(1a,3,7,8,12)**

### THE WEST ICE CREAM IN THE WORLD\*

Every Week We Have New Flavours OR VEGAN SORBETS  
with Toasted Nuts **(7)**

#### The Twelve Sundae

Chocolate & orange sundae white chocolate mousse,  
crisp brownie, vanilla creme & orange meringue **(1a,3,6,7,8,12)**

**add Ice Cream Scoop €1.00 (7)**

### SPECIAL COFFEES & HERBAL TEAS

Our Barista Team will prepare everything  
from espressos to your perfect flavoured latte.

#### Solaris Herbal Teas :

Chamomile, Fruit , Peppermint, Green Tea  
and Chocolate Chai

# The Pins Gastro Bar

## White Wines From West's Master's List

*Lg Gls 175ml*    *Bottle*

<b>535 Al Palazzi, Pinot Grigio</b> <b>Italy</b> , 2018, Lightness with Complexity	€10.50	€41.00
<b>576 Calabuig, Macabeo</b> <b>Spain</b> , Sauv Blanc Style With Body	€8.00	€31.00
<b>547 Carole, Chardonnay</b> <b>France</b> , Full Fruit, Vibrant	€10.50	€41.00
<b>596 Ferdinand Mayr, Gruner Veltliner</b> <b>Austria</b> , Lively, Ripe Fruit & Spicy	€10.50	€40.00
<b>510 Dom. Deux Vallees, Chenin Blanc</b> <b>France</b> Crisp & Full Bodied Fruit	€10.50	€41.00
<b>502 les Sauterelles, Sauvignon Blanc</b> <b>France</b> , Ripe Fruit, Fresh Peach	€10.00	€38.00
<b>563 Chateau Tahbilk, Marsanne</b> <b>Australia</b> Big Honeyed Apple	€11.50	€44.00
<b>528 Azevedo, Alvarinho</b> <b>Vinho Verde, Portugal</b> Crisp, Fruit	€10.00	€38.00
<b>501 Studio by Miraval, Grenache, Rosé</b> <b>France</b> On Special this Summer!	€12.00	€46.00
<b>508 Pinot Grigio, Rosé</b> <b>Italy</b> Careful! Very Tasty	€9.00	€35.00
<b>114 Prosecco, Italy</b> <i>150ml</i> Soft, Full bodied	€9.00	€45.00
<b>600 Natureo, Non Alcoholic Wine, Muscat</b> <b>Spain</b> Stone Fruit, Fresh	€5.50	€21.00

## Dessert Wines & Digestifs

Elysium Black Muscat- 125ml	€12.00
Essencia Orange Muscat - 125ml	€12.00
Connemara Peated Single Malt	€11.00
Redbreast Single Pot Still 21yrs	€23.50
Hennessy Fine de Cognac	€7.80
Martell XO	€17.90

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## Red Wines From West's Master

Lg Gls 175ml Bottle

<b>677 Calabuig, Tempranillo</b> <b>Spain</b> Juicy Red Berry, Vanilla, Spice	€8.00	€31.00
<b>616 Thörle, Pinot Noir</b> <b>Germany</b> Dark Fruit, Herbal, Acidity	€9.00	€34.00
<b>703 Campo Del Moro, Tempranillo/Cab/Shiraz</b> <b>Spain</b> Soft & Buttery Red Berry	€7.50	€28.00
<b>689 La Sapata, Babeasca Neagra</b> <b>Romania</b> Full Ripe Velvety Cherry	€11.50	€45.00
<b>680 Barahonda, Monastrell</b> <b>Spain</b> Full Bodied, Dried Fruit	€9.50	€36.00
<b>656 Sopenia, Malbec</b> <b>Argentina</b> Full Flavour Berry Fruit	€12.50	€50.00
<b>649 Montgravet, Merlot</b> <b>France</b> Medium, Fruit Driven	€7.50	€29.00
<b>614 Les Argelières, Pinot Noir</b> <b>France</b> Soft, Smooth, Silky Fruit	€10.50	€40.00
<b>716 Sprigione, Reserva, Merlot, Montepulciano</b> <b>Italy 2012,</b> Dry, Soft Tannin and Full of Savory Fruit		€90.00
<b>600 Natureo, Non Alcoholic Wine, Syrah</b> <b>Spain</b> Exquisite Fruit, Spice	€5.50	€ 21.00

### COCKTAILS & LIBATIONS

Please see our listing of over 200 Other Drinks.  
Non Alcoholic Wines, Vegan Wines & Gluten Free  
Beers  
are Available!!

**THERE ARE 400 WINES  
ON WEST'S LIST!**