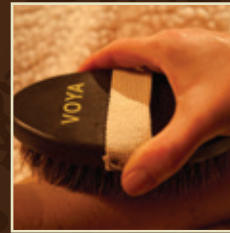
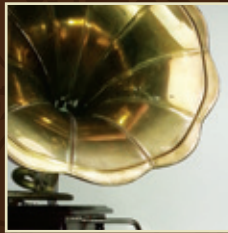




The Twelve



Le Petit Spa

your own private spa at The Twelve

A warm, dimly lit scene featuring three lit candles in glass holders. The candles are yellow and orange, casting a soft glow. In the foreground, a small wooden bowl is filled with coarse, dark salt. A wooden spoon rests on the surface next to the bowl, with some salt spilled around it. The background is dark and out of focus.

Voya at The Twelve
Treat yourself to the perfect blend of Irish excellence
and spa finesse in your private Le Petit Spa

Le Petit Spa at The Twelve uses Voya products, treatments and techniques to relax you, revitalise your skin and hair, and leave you feeling restored and renewed.

After a full consultation to ensure your Voya at Le Petit Spa experience is perfect for you, choose from the menu of bespoke treatments, and harmonise the mind to the body with one of the unique blends of Voya tea.

The Natural Fit

Based on carefully harvested Irish seaweed, Voya make pure and simple beauty and skincare products, produced with integrity, which are also potent and effective, all while being a luxurious pleasure to use.

At The Twelve we love to work with like-minded people and to support excellent local products, so we have chosen Voya for Le Petit Spa because of their commitment to sustainability, their dedication to

research and because seaweed and its amazing properties is probably the only truly indigenous and historic Irish spa therapy.

Voya at The Twelve is a partnership, where we both share a similar focus on excellence, finesse and enjoyment, and we both love to use the natural ingredients found in this beautiful part of the world to their best effect. It's a natural fit. We hope you enjoy.

How to spa at The Twelve

Please speak with reception to make your booking at Le Petit Spa - your private spa at The Twelve. If you are a guest staying with us at The Twelve, our therapist will come to your room to bring you to Le Petit Spa. If you are having a bath in your room, the Bath Butler will prepare the experience for you there.

Reflexology treatments are available on request. Treatments with a * are suitable for moms-to-be. Our cancellation policy is 24 hours, so if you cancel within 24 hours the full treatment will be charged to the credit card provided at booking time.



Baths by the Bath Butler

Detox Seaweed Leaf Bath

Experience the ocean in the warmth & comfort of Le Petit Spa. Immerse your body in a luxurious re-mineralising and highly detoxifying warm seaweed bath, ideal for increasing the circulation and the lymphatic system, and also incredible for easing aches and pains due to its anti-inflammatory properties. Revitalising and nourishing even the most troublesome skin types.

Allow 45 minutes €45.00

Aroma Oil Bath

A relaxing and detoxifying bath soak with a wonderful fragrant blend of organic aromatherapy oils. Aroma bath salts can have fantastic benefits for our bodies including anti-ageing properties due to their healing qualities. Our Aroma Oil Bath is a natural healing treatment which can have many therapeutic benefits including treating problems such as psoriasis, arthritis or eczema. A perfect bathing ritual to complement other Voya treatments.

Allow 45 minutes €45.00

Staying with us - Both Baths are available in your guest room upon request. Just dial '12'



Massage

Detoxifying Hot Oil Massage

This organic aroma massage with stress relieving elements will combat the effects of tired bodies due to travel, lifestyle or just a need to restart the day. Indulge your body with a thousand kisses. The world's only organic seaweed oil is applied to recondition the skin, leaving it smoother and softer. The seaweed extracts from Voya's signature seaweed Fucus Serratus help to renew skin cells, skin tone and elasticity, and can help counter signs of ageing and cellulite.

Back, Neck & Shoulder Massage 25 minutes €45.00

Full Body Massage 60 minutes €90.00

Hot Herbal Bag Massage

A real sensory treat! Soaked warm bags of herbs & seaweed are gently massaged into the body, releasing the precious seaweed oils on to the skin. Using a combination of the finest organic herbs and seaweed to massage, gently exfoliate & nourish your skin, this a therapeutic treatment that is completely indulgent. Choose between calming organic chamomile, detoxifying peppermint or stimulating fennel.

Back, Neck, Shoulder & Head 60 minutes €95.00

Full Body 90 minutes €115.00



Wraps & Rituals

Nourishing Marine Cocoon Wrap

Voya ocean essences stimulate the blood & lymph flow while increasing the skin tone and lustre. This is an excellent skin rejuvenator, combating cellulite and muscle fatigue. The combination of seaweeds achieves a smoothing & moisturising effect while detoxifying & stimulating the renewal of skin cells.

Allow 60 minutes €90.00

Organic Seaweed Leaf Wrap

One of Voya's truly amazing therapies, imagine being wrapped from head to toe in freshly harvested seaweed leaf. This luxurious organic marine algae wrap covers the entire body, which is then wrapped in organic muslin and then cocooned in a thermal blanket. This treatment detoxifies, firms and softens the skin and is an excellent addition to a weight loss programme. The ultimate spa experience, we use the finest seaweed, harvested by hand from the ocean to ensure the highest content of bio-actives is preserved.

Allow 90 minutes €120.00



Wraps & Rituals

Just what I need - Foot Ritual *

A coarse sea salt exfoliation from the knees to the feet, to recharge and refine your skin. A light massage of seaweed gel to renew those tired legs, while your feet are wrapped in warmth. You close your eyes and listen to the sea with therapeutic blends of aroma oils massaged into the scalp. To finish, you will enjoy a deeply relaxing massage of the lower legs.

Allow 45 minutes €70.00

Allow 60 minutes (incl. shape & paint) €90.00

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Just what I want - Hand Ritual *

To nourish, recondition and refine your hands you will first enjoy a Time to Shine exfoliation from the hand to elbow. Then a deeply relaxing massage of the hands & arms after which your hands are wrapped in warmed Atlantic seaweed leaf to hydrate, increase circulation & nourish dry hands. To complete this treatment our nourishing Handy to Have cream is applied.

Allow 45 minutes €70.00

Allow 60 minutes (incl. shape & paint) €90.00

Facials at Le Petit Spa

Voya's revolutionary range of organic facials is the result of 8 years research by the finest dermatologists, marine biologists and organic cosmetic scientists. These unique facials are results-driven and use potent (Soil Association and USDA certified) organic algae anti-oxidants, pro collagen organic plant extracts and luxurious healing organic oils. Indulge your skin with a moisturising hydrating bath, refresh your eyes, tighten & firm your facial features, impart a natural radiance and restore your skin to full health.

Organic Illuminating Facial *

This incredible Organic Illuminating Facial is deeply detoxifying. It will brighten your skin, help to even skin tone and increase clarity, leaving your skin feeling silky, smooth, soft and radiant. This facial incorporates a pressure point facial massage, targeting the deeper muscles in the face to release any build-up of toxins. Then, it is followed by a relaxation inducing pressure point foot massage which will melt away any aches and pains and leave you feeling like you're floating on air.

Allow: 55 minutes €95.00

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Marine Eye Treatment *

Our Organic Laminaria Digitata seaweed eye patches are hand-harvested from the wild Atlantic Ocean. This is an ultimate treat for refreshing & rejuvenating tired eyes. The Marine Eye Treatment combines relaxing and decongesting lymphatic massage movements with specialised products for the individual concerns of ageing which appear around the eye area. A firming & hydrating treatment using specific products rich in seaweed extract, green tea and Vitamin C, which helps to reduce the appearance of fine lines and decongest the eye area

Allow 45 minutes €80.00



Facials at Le Petit Spa

Anti-ageing Restorative Facial *

Suitable for all skin types, though of particular benefit for mature, dry or dehydrated skin types. A skin rejuvenating facial designed using Voya's unique organic ingredients that have a combination of anti-oxidant algae complexes, pro collagen organic extracts and a restorative blend of organic ingredients to fight the signs of visible aging, reduce the appearance of fine lines and wrinkles, hydrate and plump the skin texture. The result is instantly firmed and tightened skin with a natural radiant glow, perfect after a long flight.

Allow 55 minutes €95.00

Purifying Defence Facial *

Suitable for all skin types, this back, face and scalp facial is of particular benefit to city skin, oily, congested or problematic skin types. A therapy that commences with a deep cleansing back treatment to leave the skin feeling purified, smooth and rehydrated, a double action technique will work to eliminate toxins, re-balance the facial skin, with a double action hot and cold cleanse, a facial massage & lymphatic drainage and a marine mask with hand harvested seaweed leaf strips. The combination will leave the skin calm, cleansed, re-balanced and with a visibly clearer complexion.

Allow 80 minutes €115.00



Treatments

Indian Head Massage with a Twelve Twist *

A bespoke ritual exclusive to Le Petit Spa. The ultimate treatment to completely rejuvenate body, mind and soul, allowing you to take time out and relax in your own private world.

Allow 60 minutes €70.00

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Voya Hair Ritual *

Feeling like your hair could do a with spa treatment? Give your hair a deliciously in-depth treatment with an application of a nutrient rich hair mask & hot oil to replenish the scalp and hair cuticle, followed by a deeply relaxing lower leg and scalp massage. And the crowning glory - an eye treatment to top it all off!

Allow 45 minutes €70.00

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Voya Deep Cleansing Back Treatment

Revitalise and renew this hard to reach area! With a deep cleansing ritual followed by a gentle exfoliation and application of a decongesting mask. Finally choose between a relaxing head or lower leg massage to drift away as you enjoy a warm oil back massage, ideal for healing and replenishing the skin.

Allow 60 minutes €90.00



Gents

All of the Le Petit Spa treatments are suitable for men but this one is just for you!

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Hot Towel Shave

Guys, this is the ultimate treatment for you! Firstly the skin is double cleansed using Voya organic products. A hot fragrant towel is then applied. Your therapist firstly shaves downward and applies a second hot towel. Then, after a second shave, a cold towel soothes the skin. A Voya healing mask is then applied followed by a wonderful head massage, both relaxing and invigorating. Finally, Voya Bright Eye and Me Time Moisturiser are applied... Man Up and Enjoy!

Allow 45 minutes €70.00

Spa Boutique



We select only the best treatment products for you to take home and enjoy.

Gift vouchers are also available for you to treat your friends and loved ones to a special day at Le Petit Spa. Just pop by reception at anytime.

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TATLER
SPA AWARDS

2013



STEEL AN
awards
2013



The Twelve

The Twelve

Bearna, Galway, Ireland

W.thetwelvehotel.ie P. 091 597000 E.enquire@thetwelvehotel.ie

FOR OUR
MONTHLY
SPECIAL
OFFERS
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CHANNEL
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